

## 4 Ways To Rekindle Your Love For Writing

by Maja Todorovic



As everything goes in life, the writing process can have its ups and downs. Motivation can come in cycles, and it can be hard to stay on track with writing. Hence, there are some tricks you can employ in order to find that persistent inspiration and willingness to record your thoughts and story.

**1. Write, scribble, jot, journal... even when you don't feel like doing it and whatever you write you think is just pure rubbish.**

Taking action by actual writing can serve as a huge motivator, and the more you immerse yourself in the process of writing, the more confidence you will regain. Especially after taking a break, writing can seem to us a bit rusty and un compelling, but all you need is to practice. With practice you become better - as you become better, the more joy for writing you will feel.

**2. Keep faith in the creative process.**

Self-doubt and fear that we are not creative enough, good enough or original enough is a negative self-talk that only puts barriers between you and your writing. You *are* creative and your inner-self will find the best ways for expression: you need to trust the creative process, no matter the time, the tries and the tears. The belief in the creative process is what fuels imagination and allows the path of self-expression to be found and enjoyed.



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**3. Be persistent every day - every day make time for your writing.**

Don't treat your writing like an occasional hobby that you do from time to time. Make it a habit. Make time every day to pursue your passion for writing. Once you taste that productive side of writing, that satisfaction will further give you strength to continue writing; to think more clearly and focus faster on what you want to say with your writing. You are really refining your writing craft this way.

**4. When nothing works distance yourself.**

If nothing from the above works, don't push yourself too much. Let it rest, leave it for a couple of days or for even longer if you feel like. It will help you clear your mind and get in touch with your creative side. Read what you've written, think about what you would like to change and how to continue.



This is something I do whenever I'm writing. I make an initial draft, and in the following days I continue - it's a great way to regain perspective on your own thoughts and observe your writing more objectively.

Do you sometimes lose passion for writing? Anna Lætitia Barbauld writes:

*“Her even lines her steady temper show;  
Neat as her dress, and polish'd as her brow;  
Strong as her judgment, easy as her air;  
Correct though free, and regular though fair:  
And the same graces o'er her pen preside  
That form her manners and her footsteps guide”.*

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My name is Maja and I'm devoted to help writers find their creativity and become productive. For more tips and tricks on the creative process and writing, please visit [www.businessinrhyme.com](http://www.businessinrhyme.com)

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